

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vandenbussche Liselotte

Coaches: Desmet Carl

Coaches: Backs Hubert

Coaches: François Ewout

Coaches: Nuytten Stefanie HEADCOACH

Coaches: De Cramer Renée

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:4, starttime: 14:50	
Heat: 4/5 Lane : 4 Athlete: MEULEMEESTER NORE							Q-time: 04:50:53	
PB (50m pool): 04:50.53 Antwerp 26/01/2025			PB (25m pool): 04:49.05SB: 05:00.68 Charleroi 11/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.32	01:09.35	01:46.42	02:23.20	03:00.79	03:37.79	04:14.76	04:50.53
	00:33.32	00:36.03	00:37.07	00:36.78	00:37.59	00:37.00	00:36.97	00:35.77
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:4, starttime: 14:50	
Heat: 4/5 Lane : 5 Athlete: LINSKENS ELLOISE							Q-time: 04:51:54	
PB (50m pool): 04:53.94 Antwerp 26/01/2025			PB (25m pool): 04:51.54SB: 05:01.16 Charleroi 11/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.03	01:09.23	01:46.57	02:24.25	03:02.21	03:40.32	04:17.79	04:53.94
	00:33.03	00:36.20	00:37.34	00:37.68	00:37.96	00:38.11	00:37.47	00:36.15
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:5, starttime: 14:55	
Heat: 5/5 Lane : 2 Athlete: VANDEKERCKHOVE JULIETTE							Q-time: 04:40:97	
PB (50m pool): 04:45.29 Antwerpen 20/07/2025			PB (25m pool): 04:40.97 SB: 04:51.74 Charleroi 11/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.68	01:08.72	01:45.02	02:21.63	02:57.86	03:34.86	04:11.24	04:45.29
	00:32.68	00:36.04	00:36.30	00:36.61	00:36.23	00:37.00	00:36.38	00:34.05
								

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:5, starttime: 14:55	
Heat: 5/5 Lane : 3 Athlete: GANTOIS JANNE							Q-time: 04:40:08	
PB (50m pool): 04:45.55 Antwerpen 20/07/2025				PB (25m pool): 04:40.08SB: 04:50.62 Brugge 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.57	01:08.62	01:45.59	02:21.74	02:58.57	03:35.24	04:11.83	04:45.55
	00:32.57	00:36.05	00:36.97	00:36.15	00:36.83	00:36.67	00:36.59	00:33.72
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:5, starttime: 14:55	
Heat: 5/5 Lane : 4 Athlete: LAMMENS MARY							Q-time: 04:30:28	
PB (50m pool): 04:30.52 Antwerp 26/01/2025				PB (25m pool): 04:30.28 SB: 04:34.34 Charleroi 11/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.98	01:05.44	01:39.94	02:14.66	02:49.49	03:23.83	03:57.81	04:30.52
	00:31.98	00:33.46	00:34.50	00:34.72	00:34.83	00:34.34	00:33.98	00:32.71
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:5, starttime: 14:55	
Heat: 5/5 Lane : 6 Athlete: DESMET LIEZE							Q-time: 04:40:34	
PB (50m pool): 04:40.34 Antwerp 09/02/2025				PB (25m pool): 04:46.03 SB: 04:47.60 Brugge 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.80	01:07.97	01:43.46	02:19.69	02:55.60	03:31.46	04:06.45	04:40.34
	00:32.80	00:35.17	00:35.49	00:36.23	00:35.91	00:35.86	00:34.99	00:33.89
								

Coach feedback:

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:5, starttime: 14:55	
Heat: 5/5 Lane : 7 Athlete: LAMMENS LOUISE							Q-time: 04:41:00	
PB (50m pool): 04:41.00 Antwerp 09/02/2025				PB (25m pool): 04:32.08 SB: 04:44.97 Brugge 01/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:32.06	01:06.66	01:42.14	02:18.27	02:54.38	03:30.82	04:06.87	04:41.00
	00:32.06	00:34.60	00:35.48	00:36.13	00:36.11	00:36.44	00:36.05	00:34.13
								

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 30: 400M FREESTYLE WOMEN 15+							Heat:5, starttime: 14:55	
Heat: 5/5 Lane : 9 Athlete: DESMET FIEN							Q-time: 04:49:42	
PB (50m pool): 04:49.42 Antwerp 09/02/2025				PB (25m pool): 04:42.02SB: 04:54.94 Charleroi 11/01/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.16	01:08.84	01:45.73	02:22.26	02:59.37	03:36.20	04:13.52	04:49.42
	00:33.16	00:35.68	00:36.89	00:36.53	00:37.11	00:36.83	00:37.32	00:35.90
								

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+										Heat:4, starttime: 15:10																			
Heat: 4/12 Lane : 0 Athlete: DUMAREY WOUT																				Q-time: 02:32:79									
PB (50m pool): 02:41.31 Charleroi 11/01/2026										PB (25m pool): 02:32.79SB: 02:41.31 Charleroi 11/01/2026																			
	5 0 M				1 0 0 M				1 5 0 M				2 0 0 M																
PB	no time				no time				no time				02:41.31																
	no time																												
																													

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:5, starttime: 15:15
Heat: 5/12 Lane : 0 Athlete: DESANTE LEON				Q-time: 02:28:69	
PB (50m pool): 02:28.69 Kortrijk 04/05/2025			PB (25m pool): 02:25.02 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.83	01:13.68	01:52.76	02:28.69	
	00:34.83	00:38.85	00:39.08	00:35.93	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+										Heat:5, starttime: 15:15	
Heat: 5/12 Lane : 3 Athlete: BLOMME STAN										Q-time: 02:24:15	
PB (50m pool): 02:26.88 Charleroi 11/01/2026										PB (25m pool): 02:24.15 SB: 02:26.88 Charleroi 11/01/2026	
	5 0 M		1 0 0 M		1 5 0 M		2 0 0 M				
PB	no time		no time		no time		02:26.88				
	no time										
											

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 31: 200M FREESTYLE MEN 13+					Heat:6, starttime: 15:15
Heat: 6/12 Lane : 3 Athlete: THIELEMANS LEON					Q-time: 02:20:77
PB (50m pool): 02:22.03 Brugge 01/02/2026					PB (25m pool): 02:20.77 SB: 02:22.03 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.52	01:06.87	01:44.40	02:22.03	
	00:31.52	00:35.35	00:37.53	00:37.63	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:7, starttime: 15:20
Heat: 7/12 Lane : 8 Athlete: DECLERCK LUKAS					Q-time: 02:18:00
PB (50m pool): 02:21.56 Brugge 01/02/2026					PB (25m pool): 02:18.00 SB: 02:21.56 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.01	01:08.03	01:45.17	02:21.56	
	00:32.01	00:36.02	00:37.14	00:36.39	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:7, starttime: 15:20
Heat: 7/12 Lane : 9 Athlete: DELEYE TRISTAN					Q-time: 02:19:56
PB (50m pool): 02:21.58 Brugge 01/02/2026					PB (25m pool): 02:19.56 SB: 02:21.58 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.97	01:09.28	01:46.55	02:21.58	
	00:32.97	00:36.31	00:37.27	00:35.03	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:10, starttime: 15:25
Heat: 10/12 Lane : 4 Athlete: DECLERCK SIMON					Q-time: 02:06:58
PB (50m pool): 02:09.86 Antwerpen 27/07/2025					PB (25m pool): 02:06.58 SB: 02:10.35 Charleroi 11/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.86	01:02.55	01:36.15	02:09.86	
	00:29.86	00:32.69	00:33.60	00:33.71	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 31: 200M FREESTYLE MEN 13+					Heat:11, starttime: 15:30
Heat: 11/12 Lane : 7 Athlete: FRANÇOIS TIJS					Q-time: 02:04:39
PB (50m pool): 02:08.69 Antwerpen 20/04/2025					PB (25m pool): 02:04.39 SB: 02:09.25 Charleroi 11/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.49	01:02.14	01:35.28	02:08.69	
	00:29.49	00:32.65	00:33.14	00:33.41	
					

Coach feedback:

Event number: 31: 200M FREESTYLE MEN 13+					Heat:12, starttime: 15:30
Heat: 12/12 Lane : 3 Athlete: HOUSEN KORNEEL					Q-time: 01:59:78
PB (50m pool): 02:02.96 Antwerp 09/02/2025					PB (25m pool): 01:59.78 SB: 02:05.49 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.58	00:59.83	01:31.53	02:02.96	
	00:28.58	00:31.25	00:31.70	00:31.43	
					

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN 13+					Heat:9, starttime: 15:45
Heat: 9/9 Lane : 6 Athlete: DE BRUYCKER CHLOë					Q-time: 00:35:85
PB (50m pool): 00:40.22 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 00:35.85 SB: no time
	5 0 M				
PB	00:40.22				
	00:40.22				
					

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+					Heat:2, starttime: 15:45
Heat: 2/7 Lane : 3 Athlete: CHRISTIAENS LUCAS					Q-time: 00:40:88
PB (50m pool): 00:40.88 Antwerpen 20/04/2025					PB (25m pool): 00:42.07 SB: no time
	5 0 M				
PB	00:40.88				
	00:40.88				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 33: 50M BACKSTROKE MEN 13+				Heat:3, starttime: 15:50	
Heat: 3/7 Lane : 4 Athlete: DELEYE TRISTAN				Q-time: 00:37:50	
PB (50m pool): 00:38.37 Brugge 01/02/2026				PB (25m pool): 00:37.50 SB: 00:38.37 Brugge 01/02/2026	
	5 0 M				
PB	00:38.37				
	00:38.37				
					

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+				Heat:5, starttime: 15:50	
Heat: 5/7 Lane : 8 Athlete: DECLERCK LUKAS				Q-time: 00:34:05	
PB (50m pool): 00:33.92 Brugge 01/02/2026				PB (25m pool): 00:34.05 SB: 00:33.92 Brugge 01/02/2026	
	5 0 M				
PB	00:33.92				
	00:33.92				
					

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+				Heat:7, starttime: 15:55	
Heat: 7/7 Lane : 1 Athlete: KINDT LIAM				Q-time: 00:29:62	
PB (50m pool): 00:29.74 Antwerpen 27/07/2025				PB (25m pool): 00:29.62 SB: 00:30.02 Brugge 01/02/2026	
	5 0 M				
PB	00:29.74				
	00:29.74				
					

Coach feedback:

Event number: 33: 50M BACKSTROKE MEN 13+				Heat:7, starttime: 15:55	
Heat: 7/7 Lane : 5 Athlete: THONON MATISSE				Q-time: 00:26:77	
PB (50m pool): 00:28.44 Brugge 01/02/2026				PB (25m pool): 00:26.77 SB: 00:28.44 Brugge 01/02/2026	
	5 0 M				
PB	00:28.44				
	00:28.44				
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 33: 50M BACKSTROKE MEN 13+		Heat:7, starttime: 15:55
Heat: 7/7 Lane : 7 Athlete: VANDEKERCKHOVE JEROME		Q-time: 00:29:47
PB (50m pool): 00:30.04 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:29.47 SB: no time		
	5 0 M	
PB	00:30.04	
	00:30.04	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:5, starttime: 16:00
Heat: 5/14 Lane : 2 Athlete: VANDENBROUCKE FEBE		Q-time: 00:38:27
PB (50m pool): 00:43.07 Brugge 15/03/2025 PB (25m pool): 00:38.27 SB: no time		
	5 0 M	
PB	00:43.07	
	00:43.07	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:7, starttime: 16:00
Heat: 7/14 Lane : 0 Athlete: VAN STEENKISTE LIA		Q-time: 00:36:52
PB (50m pool): 00:48.77 Brugge 02/03/2024 PB (25m pool): 00:36.52 SB: no time		
	5 0 M	
PB	00:48.77	
	00:48.77	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:8, starttime: 16:00
Heat: 8/14 Lane : 6 Athlete: CLAEYS ELENA		Q-time: 00:34:51
PB (50m pool): 00:34.51 Brugge 15/03/2025 PB (25m pool): 00:36.16 SB: no time		
	5 0 M	
PB	00:34.51	
	00:34.51	
		

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:8, starttime: 16:00
Heat: 8/14	Lane : 8	Athlete: HUYBEN ISOLDE
PB (50m pool): 00:35.08 Brugge 15/03/2025		PB (25m pool): 00:36.21 SB: no time
	5 0 M	
PB	00:35.08	
	00:35.08	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:9, starttime: 16:05
Heat: 9/14	Lane : 5	Athlete: VERNIEUWE IRENE
PB (50m pool): 00:33.58 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:33.92 SB: no time
	5 0 M	
PB	00:33.58	
	00:33.58	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:10, starttime: 16:05
Heat: 10/14	Lane : 4	Athlete: MEULEMEESTER NORE
PB (50m pool): 00:33.75 Zwembad Brigitte Becue 30/05/2025		PB (25m pool): 00:33.01 SB: no time
	5 0 M	
PB	00:33.75	
	00:33.75	
		

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+		Heat:11, starttime: 16:05
Heat: 11/14	Lane : 2	Athlete: GANTOIS JANNE
PB (50m pool): 00:31.58 Brugge 01/02/2026		PB (25m pool): 00:33.12 SB: 00:31.58 Brugge 01/02/2026
	5 0 M	
PB	00:31.58	
	00:31.58	
		

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:12, starttime: 16:05	
Heat: 12/14 Lane : 0 Athlete: DESMET FIEN										Q-time: 00:32:13	
PB (50m pool): 00:32.13 Zwembad Brigitte Becue Oostend 19/05/2025 PB (25m pool): 00:33.88 SB: no time											
	5 0 M										
PB	00:32.13										
	00:32.13										
											

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:13, starttime: 16:05	
Heat: 13/14 Lane : 1 Athlete: VANDEKERCKHOVE JULIETTE										Q-time: 00:31:09	
PB (50m pool): 00:31.09 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:33.60 SB: no time											
	5 0 M										
PB	00:31.09										
	00:31.09										
											

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:13, starttime: 16:05																																							
Heat: 13/14										Lane : 5										Athlete: LINSKENS ELLOISE										Q-time: 00:30:51																			
PB (50m pool): 00:30.51										Antwerpen 27/04/2025										PB (25m pool): 00:33.83										SB: 00:31.40										Brugge 01/02/2026									
	5 0 M																																																
PB	00:30.51																																																
	00:30.51																																																
																																																	

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:14, starttime: 16:10																													
Heat: 14/14																				Lane : 0					Athlete: LAMMENS LOUISE										Q-time: 00:30:11				
PB (50m pool): 00:30.53										Brugge 01/02/2026										PB (25m pool): 00:30.11										SB: 00:30.53					Brugge 01/02/2026				
	5 0 M																																						
PB	00:30.53																																						
	00:30.53																																						
																																							

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:14, starttime: 16:10																				
Heat: 14/14 Lane : 5 Athlete: DESMET LIEZE																				Q-time: 00:29:04										
PB (50m pool): 00:29.04 Brugge 01/02/2026										PB (25m pool): 00:29.07 SB: 00:29.04 Brugge 01/02/2026																				
	5 0 M																													
PB	00:29.04																													
	00:29.04																													
																														

Coach feedback:

Event number: 34: 50M BUTTERFLY WOMEN 13+										Heat:14, starttime: 16:10																													
Heat: 14/14																				Lane : 6					Athlete: LAMMENS MARY										Q-time: 00:29:47				
PB (50m pool): 00:28.97										Brugge 01/02/2026										PB (25m pool): 00:29.99										SB: 00:28.97					Brugge 01/02/2026				
		5 0 M																																					
PB		00:28.97																																					
		00:28.97																																					
																																							

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+										Heat:10, starttime: 16:20																																							
Heat: 10/12																				Lane : 8					Athlete: DECLERCK SIMON										Q-time: 00:26:73														
PB (50m pool): 00:27.81																				Zwembad Brigitte Becue 30/05/2025										PB (25m pool): 00:26.73										SB: 00:27.88					Charleroi 11/01/2026				
	5 0 M																																																
PB	00:27.81																																																
	00:27.81																																																
																																																	

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+										Heat:11, starttime: 16:20																																		
Heat: 11/12																				Lane : 5					Athlete: FRANÇOIS TIJS										Q-time: 00:26:18									
PB (50m pool): 00:27.25																				Zwembad Brigitte Becue 30/05/2025										PB (25m pool): 00:26.18										SB: no time				
		5 0 M																																										
PB		00:27.25																																										
		00:27.25																																										
																																												

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 35: 50M FREESTYLE MEN 13+				Heat:11, starttime: 16:20
Heat: 11/12 Lane : 6 Athlete: PIRLET WOUT				Q-time: 00:26:24
PB (50m pool): 00:26.71 Brugge 15/03/2025				PB (25m pool): 00:25.82 SB: no time
	5 0 M			
PB	00:26.71			
	00:26.71			
				

Coach feedback:

Event number: 35: 50M FREESTYLE MEN 13+				Heat:12, starttime: 16:20
Heat: 12/12 Lane : 6 Athlete: HOUSEN KORNEEL				Q-time: 00:25:50
PB (50m pool): 00:26.95 Brugge 15/03/2025				PB (25m pool): 00:25.50 SB: no time
	5 0 M			
PB	00:26.95			
	00:26.95			
				

Coach feedback:

Event number: 36: 200M BUTTERFLY WOMEN 13+					Heat:1, starttime: 16:20
Heat: 1/1 Lane : 4 Athlete: DE BRUYCKER CHLOë					Q-time: 02:19:22
PB (50m pool): 02:24.32 Antwerpen 20/07/2025					PB (25m pool): 02:19.22 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.42	01:10.03	01:48.50	02:24.32	
	00:32.42	00:37.61	00:38.47	00:35.82	
					

Coach feedback:

Event number: 37: 200M MEDLEY MEN 15+					Heat:6, starttime: 16:40
Heat: 6/6 Lane : 3 Athlete: PIRLET WOUT					Q-time: 02:20:26
PB (50m pool): 02:20.26 Antwerpen 27/07/2025					PB (25m pool): 02:22.20 SB: 02:25.17 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.96	01:05.39	01:47.85	02:20.26	
	00:28.96	00:36.43	00:42.46	00:32.41	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 37: 200M MEDLEY MEN 15+					Heat:6, starttime: 16:40
Heat: 6/6 Lane : 5 Athlete: FRANÇOIS WOUT					Q-time: 02:14:67
PB (50m pool): 02:17.87 Antwerp 09/02/2025					PB (25m pool): 02:14.67 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.52	01:06.16	01:44.69	02:17.87	
	00:29.52	00:36.64	00:38.53	00:33.18	
					

Coach feedback:

Event number: 39: 100M BREASTSTROKE MEN 17+					Heat:3, starttime: 16:55
Heat: 3/3 Lane : 6 Athlete: FRANÇOIS WOUT					Q-time: 01:08:95
PB (50m pool): 01:10.20 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): 01:08.95 SB: 01:12.98 Brugge 01/02/2026
	5 0 M	1 0 0 M			
PB	00:32.60	01:10.20			
	00:32.60	00:37.60			
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:3, starttime: 17:35
Heat: 3/7 Lane : 7 Athlete: DESANTE LEON					Q-time: 03:02:53
PB (50m pool): 03:02.53 Antwerpen 20/04/2025					PB (25m pool): 03:53.27 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.61	01:29.66	02:17.16	03:02.53	
	00:42.61	00:47.05	00:47.50	00:45.37	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:4, starttime: 17:35
Heat: 4/7 Lane : 1 Athlete: DUMAREY WOUT					Q-time: 02:52:61
PB (50m pool): 02:52.61 Charleroi 11/01/2026					PB (25m pool): 02:52.85 SB: 02:52.61 Charleroi 11/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.78	01:24.92	02:08.97	02:52.61	
	00:40.78	00:44.14	00:44.05	00:43.64	
					

Coach feedback:

MEGA swim 26: Session: 4: COACH evaluation sheet for TEAM: TZT

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 7 Athlete: BLOMME STAN					Q-time: 02:43:12
PB (50m pool): 02:46.26 Brugge 01/02/2026					PB (25m pool): 02:43.12 SB: 02:46.26 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.74	01:22.19	02:04.34	02:46.26	
	00:38.74	00:43.45	00:42.15	00:41.92	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:5, starttime: 17:40
Heat: 5/7 Lane : 8 Athlete: THIELEMANS LEON					Q-time: 02:45:06
PB (50m pool): 02:50.05 Charleroi 11/01/2026					PB (25m pool): 02:45.06 SB: 02:50.05 Charleroi 11/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.69	01:24.05	02:07.91	02:50.05	
	00:40.69	00:43.36	00:43.86	00:42.14	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:7, starttime: 17:50
Heat: 7/7 Lane : 4 Athlete: THONON MATISSE					Q-time: 02:09:88
PB (50m pool): 02:15.94 Antwerpen 20/07/2025					PB (25m pool): 02:09.88 SB: 02:17.24 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.78	01:06.65	01:41.31	02:15.94	
	00:31.78	00:34.87	00:34.66	00:34.63	
					

Coach feedback:

Event number: 41: 200M BACKSTROKE MEN 13+					Heat:7, starttime: 17:50
Heat: 7/7 Lane : 5 Athlete: KINDT LIAM					Q-time: 02:11:15
PB (50m pool): 02:17.76 Eindhoven 16/03/2025					PB (25m pool): 02:11.15 SB: 02:21.80 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.47	01:06.50	01:42.84	02:17.76	
	00:31.47	00:35.03	00:36.34	00:34.92	
					

Coach feedback: